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Dear Exercise Science Alumnus,

We sincerely hope that this letter finds you living each day to its fullest and pursuing your goals and your DREAMS! We'd hope that this includes reuniting with your friends from Youngstown State University! In this regard, the Department of Human Performance & Exercise Science wants to reunite with you and recognize your outstanding achievements by inviting you back to YSU's Homecoming to join us at the sixth annual 'HPES Alumni tailgate' party! There's so much we need to catch up on!

Let's start with the most important item first; YOU! 'You', are continuing to build upon the fine work that you started while at YSU. YSU alum, 189 to date, now occupy positions in public and private health and wellness facilities (*Donnie 96, Tony 97, Matt 97, Beth Ann 97, Larry 98, Ria 98, Ben 99, Paulette 00, Adam 00, Jon 01, Debbie 02, Ronnie 02, Corky 03, Doug 03, Gabby 03, Kurt 04, Jennifer 04, Bill 04*), corporate worksite (*Allison 97, Missy 99, Becky 00, Lisa 01*) and hospital-based health promotion (*Vernon 00, Billy 00, Anastasia 02, Darcy 02, Kimmie 03, Tracey 03, Carrie 04*), clinical and rehabilitative exercise programs (*Lou 96, Mike 96, Casey 97, Jim 97, Bev 97, Angie 97, Adam 98, Michelle 98, Kristy 98, Rod 98, Bill 99, Doug 99, Kcey 99, Dorothy 99, Jason 99, Kristie 99, Rod 99, Summer 99, Brian 00, Jessie 00, Matt C 00, Matt L, 00, Ryan 00, Roxanne 00, Susan 00, Brian 01, Carlye 01, Dani 01, Brian 02, Stacy 02, Lisa O 03, Zach 03, Daniel 03, Mike 04, Pam 04, Jody 04, Mike 04, Stacie 04*), exercise equipment (*Ian 98*) and in the field of strength and conditioning (*Chad 98, Brandon 01, Liz 02, Robert 04*). And of course, some graduates have found excellent positions that are not directly related to Exercise Science (*Devin 96, Janene 96, Tina 96, Tamika 96, Ray 97, Bill 97, Melissa 97, Laurie 97, Janine 97, Jodi 97, Jason 98, Denise 98, Pam 98, Joe 98, Christa 98, Jason 98, Rose 98, Chris 98, Shane 98, Carin 99, Jess 99, Jamie 99, Jill 00, Todd 00, Vickie 00, Andrea 01, Mike 01, Brandy 01, Antoniano 02, Eric 03, Gary 03, Melissa 03, Ty 04*). The thirst for knowledge, or the quest to delay entry in the 'real world' ☺, has led many to pursue advanced training such as doctoral (2 to date; *Matt 97-received PhD-Univ of Maryland: in progress: BJ 97-Marquette, Sara 00-Pitt*), master's (8 to date; *Kristie 99-received MS-Slippery Rock, in progress; Kim 00-CSU, Jake 01-Ball State, Craig 02-KSU, Anthony 03-YSU, Carrie 04-YSU, Edwin 04-YSU, Steve 04-KSU,*), chiropractic-DO (*in progress; Joe 97*), massotherapy, occupational, physical therapy assistant (2 to date) or physical therapy degrees (10 total; *Dani 01 graduated from YSU this year, in progress, Ken 99-YSU, Kcey 99-CSU, Danielle 00-Miami FL, Maggie 01-YSU, Amanda 02-YSU, Eric 02-YSU, Aaryn 02-Pitt, Steve 02-OU, Chris 03-YSU, Jeff 04-YSU, Rennee 04-YSU, Lindsay 04-YSU, Ed 04-YSU*) or other post graduate degree programs (graduated in *04-Cheryl 00, Mauro 00, Zach 03; in progress; Sherry 97, Kristen 99, Amy O 00, Kara 02, Melissa 02*). And let's talk about certifications/licensures: ACSM certified as Health Fitness Instructors (32 total: *this year Steve 04*), ACSM Exercise Specialists (2 total: *this year Ryan 00*), NSCA certified Strength & Conditioning Specialists (11 total, *this year, Doug 03*), athletic trainers (3), physical therapy assistants (2) and massotherapists (6). WOW! Your competence, professionalism, dedication, and creativity, long known regionally, is beginning to gain national recognition. And speaking of the nation, we're everywhere (well, almost): Alabama (1; *Matt 99*), California (*Chad 98, Ria 98*), Florida (*Devin 96, Alicia 00, Danielle 00, Vernon 00*) Illinois (*Ed 97, Pam 98*) Indiana (*Tamika 96, Jake 01, Brian 02*), Iowa (*Joe 97*) Georgia (*Melissa 99*), Kentucky (*Doug 99*), Maryland (*Matt 97, Mike 01*), Michigan (*Ian 98, Shane 98*), Minnesota (*Adam 00*) Missouri (*Tina 96*), Nevada (*Paulette 00*), North Carolina (*Ruthie 96, Allison 97, Lisa 01*), Ohio (Columbus area: *Angie 97, Janine 97, Sandy 97, Tony 97, Joe 98, Jaime 99, Amy O 00, Keith 00, Jarod 00, Jessie 00, Roxanne 00, Brad 01, Jenn 01*), Pennsylvania (Beth Ann 97, *Ceil 97, Dorothy 99: Pittsburgh area: Michelle 98, Carin 99, Bill G 00, Sara 00, Aaryn 02, Darcy 02, KimK 03, Tracey 03*) Texas (*Stefanie 97, Becky 00*) and Wisconsin (*BJ 97, Zach 03*).

So let's get together to celebrate, to rekindle old friendships {many of you have recently become engaged (*Susan 00, Bill S 00, Aaron 04, Bill J 04*), or been married (*Kcey 98, Amy V 00, Ronnie 02, Robert 04, Kurt 04*), and, we even have some 'new penguins' (*Bev & Bill 97-2nd, Melissa 98-2nd, Carin 99-2nd, Brian 99, Kristie 99, Antoniano 02, Kurt 04*}, and to make new friendships! There's no better time than Youngstown State University's Homecoming! The Department of Human Performance and Exercise Science invites you to join us and your fellow alum at a 'tailgate' party, on **Saturday, October 16th** as the Mighty YSU Penguins battle Gateway Conference rival Northern Iowa at 4:00 p.m., with the annual homecoming parade starting at 2:00 p.m. Tickets to the game may be obtained by contacting the Ticket Office in Stambaugh Stadium at 330-941-2351. For the 'tailgate', we are part of a large tent housing the entire College of Health and Human Services so look for the CHHS banner. The tent will be located in the parking lot on the east side of Beeghly Physical Education Center and in front of Fedor Hall. We will start the celebration at ~12:00-noon and continue till kickoff (4pm)! The College of Health & Human Services will provide food and beverages. The University only permits beer to be purchased on the grounds—this is a new policy.

It's been four years since we've launched YOUR website, <http://cc.ysu.edu/exsci-alumni/>. It is dedicated to helping alumni stay in touch with each other, our current students and our program, as well as making you aware of professional opportunities. Visit the website today and encourage your fellow alumni to register to make staying in touch easier! We love to post news and pictures of... YOU!! An easy way to find it is by visiting YSU's website, www.ysu.edu and clicking on 'Alumni & Friends'.

Cordially yours,

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